

## Menu Week at Glance

**Hill Valley  
Healthcare**

HVHOLS

**Cycle Name:**

Holston Rev 26  
FW

**Week  
Choice:**

Week  
1

**Diet Type:**

Regular

1) Approved by

| Day 1                                                                                                            | Day 2                    | Day 3                        | Day 4                     | Day 5                          | Day 6                                 | Day 7                           |
|------------------------------------------------------------------------------------------------------------------|--------------------------|------------------------------|---------------------------|--------------------------------|---------------------------------------|---------------------------------|
| <b>Breakfast</b>                                                                                                 |                          |                              |                           |                                |                                       |                                 |
| - Hot Cereal (4)                                                                                                 | - Hot Cereal (4)         | - Juice Of Choice (6oz)      | - Juice Of Choice (6oz)   | - Hot Cereal (4)               | - Juice Of Choice (6oz)               | - Hot Cereal (4)                |
| - Juice Of Choice (6oz)                                                                                          | - Juice Of Choice (6oz)  | - Hot Cereal (4)             | - Hot Cereal (4)          | - Juice Of Choice (6oz)        | - Hot Cereal (4)                      | - Juice Of Choice (6oz)         |
| - Blueberry Pancakes                                                                                             | - Scrambled Eggs         | - Sausage Gravy              | - French Toast            | - Scrambled Eggs               | - Breakfast Sandwich                  | - Western Omelet                |
| - Bacon Strips                                                                                                   | - Breakfast Sausage      | - Biscuits                   | - Breakfast Sausage Links | - Bacon Strips                 | - Hash Brown Patty                    | - Bacon Strips                  |
|                                                                                                                  | - Toast                  |                              |                           | - Toast                        |                                       | - Toast                         |
| <b>Lunch</b>                                                                                                     |                          |                              |                           |                                |                                       |                                 |
| - Roast Sliced Turkey                                                                                            | - Spaghetti & Meat Sauce | - Chopped Steak w/Onions     | - Baked Chicken Leg       | - Baked Fish with Lemon Butter | - Country Fried Turkey Cutlet w/Gravy | - Corned Beef                   |
| - Homestyle Garlic Mashed Potatoes                                                                               | - French Cut Green Beans | - Honey Roasted Red Potatoes | - Au Gratin Potatoes      | - Garden Rice                  | - Scalloped Potatoes                  | - Parsley Boiled Potatoes       |
| - Capri Vegetables                                                                                               | - French Bread           | - Corn Obrien                | - Sauteed Mixed Squash    | - Mixed Vegetables             | - Seasoned Spinach                    | - Cabbage & Carrots             |
| - Angel Food Cake w/ Cherry Topping                                                                              | - Cookies                | - Mixed Fruit Cup            | - Cinnamon Buns           | - Frosted Brownie              | - Fruit Cocktail                      | - Peach Crisp                   |
| - Milk (4)                                                                                                       | - Milk (4)               | - Milk (4)                   | - Milk (4)                | - Milk (4)                     | - Milk (4)                            | - Milk (4)                      |
| - Beverage Of Choice                                                                                             | - Beverage Of Choice     | - Beverage Of Choice         | - Beverage Of Choice      | - Beverage of Choice           | - Beverage Of Choice                  | - Beverage Of Choice            |
| <b>Dinner</b>                                                                                                    |                          |                              |                           |                                |                                       |                                 |
| - Chicken Noodle Soup                                                                                            | - Baked Ham              | - Tomato Soup                | - Cheeseburger on a Bun   | - Roast Pork                   | - Chillli Dogs on Bun                 | - Chicken Tenders               |
| - BBQ Pork on Bun                                                                                                | - Chilled Peaches        | - Turkey Reuben Sandwich     | - Country Style Potatoes  | - Pork Gravy                   | - Seasoned Sauerkraut                 | - Garlic Parmesan Potato Wedges |
| - Sweet Potato Fries                                                                                             | - Seasoned Pinto Beans   | - Tater Tots                 | - Broccoli Cuts           | - Mashed Potatoes              | - Delmonico Potatoes                  | - Aztec Corn                    |
| - Mixed Vegetables                                                                                               | - Cornbread              | - Vanilla Wafers             | - Fresh Melon Cup         | - Basil Buttered Carrots       | - Chocolate Cake w/Icing              | - Chilled Pears                 |
| - Baked Apple w/Topping                                                                                          | - Milk (4)               | - Milk (4)                   | - Beverage of Choice      | - Pineapple Tidbits            | - Milk (4)                            | - Milk (4)                      |
| - Milk (4)                                                                                                       | - Beverage Of Choice     | - Beverage Of Choice         | - Milk (4)                | - Milk (4)                     | - Beverage Of Choice                  | - Beverage Of Choice            |
| - Beverage Of Choice                                                                                             |                          |                              |                           | - Beverage of Choice           |                                       |                                 |
| Notes                                                                                                            |                          |                              |                           |                                |                                       |                                 |
| <b>Menu Extension Footnotes</b><br><b>Regular Diet:</b> Receives a salt packet at each meal as resident desires. |                          |                              |                           |                                |                                       |                                 |

## Menu Week at Glance

# Hill Valley Healthcare

HVHOLS

**Cycle Name:**

Holston Rev 26  
FW

**Week  
Choice:**

Week  
2

**Diet Type:**

Regular

1) Approved by

| Day 8                                                                                                            | Day 9                             | Day 10                        | Day 11                       | Day 12                               | Day 13                         | Day 14                                 |
|------------------------------------------------------------------------------------------------------------------|-----------------------------------|-------------------------------|------------------------------|--------------------------------------|--------------------------------|----------------------------------------|
| <b>Breakfast</b>                                                                                                 |                                   |                               |                              |                                      |                                |                                        |
| - Juice Of Choice (6oz)                                                                                          | - Juice Of Choice (6oz)           | - Juice Of Choice (6oz)       | - Hot Cereal (4)             | - Juice Of Choice (6oz)              | - Juice Of Choice (6oz)        | - Juice Of Choice (6oz)                |
| - Hot Cereal (4)                                                                                                 | - Hot Cereal (4)                  | - Hot Cereal (4)              | - Juice Of Choice (6oz)      | - Hot Cereal (4)                     | - Hot Cereal (4)               | - Hot Cereal (4)                       |
| - French Toast Casserole w/Strawberries                                                                          | - Egg & Ham on Bun                | - Scrambled Eggs              | - Breakfast Biscuit Sandwich | - Sausage Gravy                      | - Scrambled Eggs               | - Buttermilk Pancakes                  |
| - Bacon Strips                                                                                                   | - Hash Brown Patty                | - Bacon Strips                | - Hash Brown Patty           | - Biscuits                           | - Bacon Strips                 | - Breakfast Sausage                    |
|                                                                                                                  |                                   | - Toast                       |                              | - Scrambled Eggs                     | - Toast                        |                                        |
| <b>Lunch</b>                                                                                                     |                                   |                               |                              |                                      |                                |                                        |
| - Bourbon Chicken Thighs                                                                                         | - Brown Sugar Ham Steak           | - Baked Meatloaf              | - Penne w/Bolognese Sauce    | - Open Face Hot Roast Beef Sand (RS) | - Chicken Alfredo              | - Beef Pepper Steak                    |
| - Baby Bakers                                                                                                    | - Baked Sweet Potato Wedges       | - Brown Gravy                 | - Garden Salad w/Dressing    | - Mashed Potatoes                    | - Buttery Green Beans          | - Seasoned Rice                        |
| - Seasoned Collard Greens                                                                                        | - Seasoned Mixed Vegetables       | - Potatoes OBrien             | - Dinner Roll w/ Margarine   | - Baby Peas                          | - Peanut Butter Swirl Brownies | - Carrots                              |
| - Lemon Glazed Cake                                                                                              | - Fruit Fluff w/Topping           | - Peas, Corn Red Peppers      | - Oatmeal Raisin Cookies     | - Pound Cake                         | - Beverage Of Choice           | - Mandarin Oranges                     |
| - Milk (4)                                                                                                       | - Beverage Of Choice              | - Chocolate Pudding w Topping | - Milk (4)                   | - Milk (4)                           | - Milk (4)                     | - Milk (4)                             |
| - Beverage Of Choice                                                                                             | - Milk (4)                        | - Milk (4)                    | - Beverage Of Choice         |                                      |                                | - Beverage Of Choice                   |
|                                                                                                                  |                                   | - Beverage Of Choice          |                              |                                      |                                |                                        |
| <b>Dinner</b>                                                                                                    |                                   |                               |                              |                                      |                                |                                        |
| - BBQ Beef Sandwich                                                                                              | - Sliced Turkey Sandwich on Wheat | - Sloppy Joe on Bun           | - Smothered Chicken          | - Beef Chili                         | - Garden Vegetable Soup        | - Italian Sausage                      |
| - California Blend Vegetables                                                                                    | - Macaroni Salad                  | - Caramelized Green Beans     | - Over Rice                  | - Basmati Rice                       | - Turkey Reuben Sandwich       | - Beef Ravioli                         |
| - Tropical Fruit Parfait                                                                                         | - Snickerdoodle Cookies           | - Potato Chips                | - Meadow Blend Vegetable     | - Carrots                            | - French Fries                 | - Seasoned California Blend Vegetables |
| - Beverage Of Choice                                                                                             | - Beverage Of Choice              | - Sliced Pears                | - Baked Apple w/Topping      | - Southern Buttermilk Cornbread      | - Honey Roasted Carrots        | - Cookies                              |
| - Milk (4)                                                                                                       | - Milk (4)                        | - Beverage Of Choice          | - Beverage Of Choice         | - Pineapple Tidbits                  | - Tropical Fruit               | - Beverage Of Choice                   |
|                                                                                                                  |                                   | - Milk (4)                    | - Milk (4)                   | - Beverage Of Choice                 | - Beverage Of Choice           | - Milk (4)                             |
|                                                                                                                  |                                   |                               |                              | - Milk (4)                           | - Milk (4)                     |                                        |
| Notes                                                                                                            |                                   |                               |                              |                                      |                                |                                        |
| <b>Menu Extension Footnotes</b><br><b>Regular Diet:</b> Receives a salt packet at each meal as resident desires. |                                   |                               |                              |                                      |                                |                                        |

## Menu Week at Glance

# Hill Valley Healthcare

HVHOLS

**Cycle Name:**

Holston Rev 26  
FW

**Week  
Choice:**

## Week 3

**Diet Type:**

Regular

1) Approved by

[illegible]

### **Menu Extension Footnotes**

**Regular Diet:** Receives a salt packet at each meal as resident desires.

## Menu Week at Glance

**Hill Valley  
Healthcare**

HVVHOLS

**Cycle  
Name:**Holston Rev 26  
FW**Week  
Choice:**Week  
4**Diet  
Type:**

Regular

1) Approved by

| Day 22                                  | Day 23                          | Day 24                  | Day 25                       | Day 26                               | Day 27                          | Day 28                  |
|-----------------------------------------|---------------------------------|-------------------------|------------------------------|--------------------------------------|---------------------------------|-------------------------|
| <b>Breakfast</b>                        |                                 |                         |                              |                                      |                                 |                         |
| - Juice Of Choice (6oz)                 | - Hot Cereal (4)                | - Juice Of Choice (6oz) | - Juice Of Choice (6oz)      | - Juice Of Choice (6oz)              | - Juice Of Choice (6oz)         | - Hot Cereal (4)        |
| - Hot Cereal (4)                        | - Juice Of Choice (6oz)         | - Hot Cereal (4)        | - Hot Cereal (4)             | - Hot Cereal (4)                     | - Hot Cereal (4)                | - Juice Of Choice (6oz) |
| - French Toast Casserole w/Strawberries | - Egg & Ham on Bun              | - Scrambled Eggs        | - Breakfast Biscuit Sandwich | - Sausage Gravy                      | - Scrambled Eggs                | - Buttermilk Pancakes   |
| - Bacon Strips                          | - Hash Brown Patty              | - Bacon Strips          | - Hash Brown Patty           | - Biscuits                           | - Bacon Strips                  | - Breakfast Sausage     |
|                                         |                                 | - Toast                 |                              | - Scrambled Eggs                     | - Toast                         |                         |
|                                         |                                 | - Banana Half           |                              |                                      |                                 |                         |
| <b>Lunch</b>                            |                                 |                         |                              |                                      |                                 |                         |
| - Oven Fried Chicken                    | - Herb Roast Pork               | - Turkey Cutlet         | - Beef Stew Homestyle        | - Stuffed Peppers w/Sauce            | - Balsamic Roasted Pork Loin    | - Chicken Ala King      |
| - Mashed Potatoes                       | - Pasta Alfredo                 | - Red Potatoes          | - Cornbread                  | - Italian Blend Vegetables           | - Pork Gravy                    | - Garden Rice           |
| - Normandy Blend Vegetables             | - Seasoned Green Peas           | - Cut Green Beans       | - Garden Salad w/Dressing    | - Dinner Roll w/Margarine            | - Oven Roasted Potatoes         | - Sliced Pears          |
| - Peach Pie                             | - Tropical Fruit                | - Cherry Cobbler        | - Fruit Fluff w/Topping      | - Chocolate Brownie                  | - Seasoned Creamed Spinach      | - Beverage Of Choice    |
| - Milk (4)                              | - Milk (4)                      | - Milk (4)              | - Beverage of Choice         | - Beverage Of Choice                 | - Rice Pudding w/Topping        | - Milk (4)              |
| - Beverage Of Choice                    | - Beverage Of Choice            | - Beverage Of Choice    | - Milk (4)                   | - Milk (4)                           | - Beverage Of Choice            |                         |
|                                         |                                 |                         |                              |                                      | - Milk (4)                      |                         |
| <b>Dinner</b>                           |                                 |                         |                              |                                      |                                 |                         |
| - Tuna Salad Sandwich                   | - Hot Italian Meatball Sandwich | - Garden Vegetable Soup | - Sweet and Sour Meatballs   | - Chicken Patty on Bun               | - Cornflake Crusted Fish Fillet | - Beef Hot Dog On A Bun |
| - Tomato & Cucumber Salad               | - Carrots                       | - BBQ Ribbette on a Bun | - Confetti Rice              | - Cinnamon Spiced Sweet Potato Fries | - Candied Sweet Potatoes        | - Baked Beans           |
| - Butterscotch Pudding w/Topping        | - French Fries                  | - Curly Fries           | - Oriental Style Zucchini    | - Peas & Carrots                     | - California Blend Vegetables   | - Coleslaw              |
| - Beverage Of Choice                    | - Chocolate Cake w/Icing        | - Broccoli              | - Pound Cake w/Peach Topping | - Mandarin Oranges                   | - Fruit Cup                     | - Sugar Cookies         |
| - Milk (4)                              | - Milk (4)                      | - Cheesecake            | - Milk (4)                   | - Milk (4)                           | - Milk (4)                      | - Milk (4)              |
|                                         | - Beverage Of Choice            | - Milk (4)              | - Beverage of Choice         | - Beverage Of Choice                 | - Beverage Of Choice            | - Beverage Of Choice    |
|                                         |                                 | - Beverage Of Choice    |                              |                                      |                                 |                         |

Notes

**Menu Extension Footnotes****Regular Diet:** Receives a salt packet at each meal as resident desires.