

Week at a Glance Report for: Regular

Facility: HVHOLS

Week 1

Printed: 02/11/2026

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Cycle: Holston HV FW 26

1) Approved by

Day: 1	Day: 2	Day: 3	Day: 4	Day: 5	Day: 6	Day: 7
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
4oz - Hot Cereal (4) 6oz - Juice Of Choice 2@ - Blueberry Pancakes 1-Each - Syrup & Margarine 2-sl - Bacon Strips 8oz - Coffee or Hot Tea	6oz - Juice Of Choice 4oz - Hot Cereal (4) 2oz - Scrambled Eggs 2@ - Breakfast Sausage 1sl - Toast 1@ - Jelly & Margarine 8oz - Coffee or Hot Tea	6oz - Juice Of Choice 4oz - Hot Cereal (4) 4oz - Sausage Gravy 1@ - Biscuits 8oz - Coffee or Hot Tea	4oz - Hot Cereal (4) 6oz - Juice Of Choice 2sl - French Toast 1-Each - Syrup & Margarine 2@ - Breakfast Sausage Links 8oz - Coffee or Hot Tea	6oz - Juice Of Choice 4oz - Hot Cereal (4) 2oz - Scrambled Eggs 2-sl - Bacon Strips 1sl - Toast 1@ - Jelly & Margarine 8oz - Coffee or Hot Tea	4oz - Hot Cereal (4) 6oz - Juice Of Choice - Breakfast Sandwich 2 1/2oz - Hash Brown Patty 8oz - Coffee or Hot Tea	4oz - Hot Cereal (4) 6oz - Juice Of Choice 3oz - Western Omelet 2-sl - Bacon Strips 1sl - Toast 1@ - Jelly & Margarine 8oz - Coffee or Hot Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
3oz - Roast Sliced Turkey 4oz - Homestyle Garlic Mashed Potatoes 4oz - Capri Vegetables 3oz/1oz - Angel Food Cake w/ Cherry Topping 4oz - Milk (4) 4oz - Beverage Of Choice	8oz - Spaghetti & Meat Sauce 4oz - French Cut Green Beans 1sl - French Bread 1@ - Margarine Cup 2@ - Cookies 4oz - Milk (4) 4oz - Beverage Of Choice	1@ - Chopped Steak w/Onions 3oz - Honey Roasted Red Potatoes 4oz - Corn Obrien 1/2Cup - Mixed Fruit Cup 4oz - Milk (4) 4oz - Beverage Of Choice	5oz - Baked Chicken Leg 4oz - Au Gratin Potatoes 4oz - Sauteed Mixed Squash 1-2x2 - Cake w/ Icing 4oz - Milk (4) 8oz - Beverage Of Choice	4oz - Baked Fish with Lemon Butter 4oz - Garden Rice 4oz - Mixed Vegetables 1sl - Frosted Brownie 4oz - Milk (4) 4oz - Beverage of Choice	4oz - Country Fried Turkey Cutlet w/Gravy 4oz - Scalloped Potatoes 1/2C - Seasoned Spinach 4oz - Fruit Cocktail 4oz - Milk (4) 4oz - Beverage Of Choice	3oz - Corned Beef 4oz - Parsley Boiled Potatoes 4oz - Cabbage & Carrots 4oz - Apple Crisp 4oz - Milk (4) 4oz - Beverage Of Choice
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6oz - Chicken Noodle Soup 1-3oz on 1 - BBQ Pork on Bun 4oz - Sweet Potato Fries 4oz - Mixed Vegetables 4oz - Baked Apple w/Topping 4oz - Milk (4) 4oz - Beverage Of Choice	2@ - Cabbage Roll 4oz - Garden Rice 4oz - Harvard Beets 4oz - Chilled Peaches 4oz - Milk (4) 4oz - Beverage Of Choice	6oz - Tomato Soup 3oz - Grilled Ham & Cheese Sandwich 4oz - Tater Tots 4oz - Milk (4) 4oz - Beverage Of Choice	1@ - Cheeseburger on a Bun 4oz - Country Style Potatoes 4oz - Broccoli Cuts 4oz - Fresh Melon Cup 4oz - Beverage of Choice 4oz - Milk (4)	4oz - Breaded Pork Cutlet 1/2C - Baked Sweet Potato Wedges 3oz - Balsamic Glazed Brussel Sprouts 4oz - Sliced Cinnamon Apples 4oz - Milk (4) 4oz - Beverage of Choice	1@ - Chili Dogs on Bun 4oz - Seasoned Sauerkraut 4oz - Delmonico Potatoes 1-2x2 - Chocolate Cake w/Icing 4oz - Milk (4) 4oz - Beverage Of Choice	3@ - Chicken Tenders 3oz - Garlic Parmesan Potato Wedges 4oz - Aztec Corn 4oz - Chilled Pears 4oz - Milk (4) 4oz - Beverage Of Choice

Menu Extension Footnotes

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Week 2

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Day: 8	Day: 9	Day: 10	Day: 11	Day: 12	Day: 13	Day: 14
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
4oz - Hot Cereal (4) 6oz - Juice Of Choice 2sl - French Toast Casserole w/ Strawberries 1-Each - Syrup & Margarine 2-sl - Bacon Strips 8oz - Coffee or Hot Tea	6oz - Juice Of Choice 4oz - Hot Cereal (4) 1EA - Egg & Ham on Bun 2 1/2oz - Hash Brown Patty 8oz - Coffee or Hot Tea	4oz - Hot Cereal (4) 6oz - Juice Of Choice 2oz - Scrambled Eggs 2-sl - Bacon Strips 1sl - Toast 1@ - Jelly & Margarine 8oz - Coffee or Hot Tea	4oz - Hot Cereal (4) 6oz - Juice Of Choice 1@ - Breakfast Biscuit Sandwich 2 1/2oz - Hash Brown Patty 8oz - Coffee or Hot Tea	6oz - Juice Of Choice 4oz - Hot Cereal (4) 4oz - Sausage Gravy 1@ - Biscuits 2oz - Scrambled Eggs 8oz - Coffee or Hot Tea	4oz - Hot Cereal (4) 6oz - Juice Of Choice 2oz - Scrambled Eggs 2-sl - Bacon Strips 1sl - Toast 1@ - Jelly & Margarine 8oz - Coffee or Hot Tea	6oz - Juice Of Choice 4oz - Hot Cereal (4) 2-3' - Buttermilk Pancakes 2@ - Breakfast Sausage 1-Each - Syrup & Margarine 8oz - Coffee or Hot Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
6oz - Bourbon Chicken Thighs 4oz - Baby Bakers 4oz - Seasoned Collard Greens 1sl - Lemon Glazed Cake 4oz - Milk (4) 4oz - Beverage Of Choice	3oz - Brown Sugar Ham Steak 4oz - Baked Sweet Potato Wedges 4oz - Seasoned Mixed Vegetables 4oz - Beverage Of Choice 4oz - Milk (4)	4oz - Baked Meatloaf - Brown Gravy 4oz - Potatoes OBrien 4oz - Peas, Corn Red Peppers 4oz - Chocolate Pudding w Topping 4oz - Milk (4) 4oz - Beverage Of Choice	8oz - Penne w/Bolognese Sauce 1cup - Garden Salad w/Dressing 1@ - Dinner Roll w/ Margarine 2@ - Oatmeal Raisin Cookies 4oz - Milk (4) 4oz - Beverage Of Choice	1@ - Hot Turkey Sandwich 2oz - Turkey Gravy 4oz - Mashed Potatoes 4oz - Baby Peas 4oz - Pound Cake 4oz - Milk (4) 4oz - Beverage Of Choice	1@ - Chicken Alfredo 3oz - Buttery Green Beans 1sl - Peanut Butter Swirl Brownies 4oz - Beverage Of Choice 4oz - Milk (4)	7oz - Beef Pepper Steak 4oz - Seasoned Rice 4oz - Carrots 4oz - Mandarin Oranges 4oz - Milk (4) 4oz - Beverage Of Choice
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
1@ - BBQ Beef Sandwich 4oz - California Blend Vegetables 4oz - Tropical Fruit Parfait 4oz - Beverage Of Choice 4oz - Milk (4)	1@ - Sliced Turkey Sandwich on Wheat 1@ - Lettuce/Tomato/Pickle 4oz - Macaroni Salad 2ea - Snickerdoodle Cookies 4oz - Beverage Of Choice 4oz - Milk (4)	3oz - Grilled Ham & Cheese Sandwich - Caramelized Green Beans 4oz - Fruit Crisp (FR) (O) 4oz - Beverage Of Choice 4oz - Milk (4)	4oz - Smothered Chicken 4oz - Over Rice 4oz - Meadow Blend Vegetable 4oz - Baked Apple w/Topping 4oz - Beverage Of Choice 4oz - Milk (4)	8oz - Beef Chili 4oz - Basmati Rice 4oz - Carrots 1@ - Southern Buttermilk Cornbread 4oz - Pineapple Tidbits 4oz - Beverage Of Choice 4oz - Milk (4)	6oz - Garden Vegetable Soup 1@ - Grilled Cuban Sandwich 4oz - French Fries 4oz - Tropical Fruit 4oz - Beverage Of Choice 4oz - Milk (4)	4oz - Italian Sausage 6@ - Cheese Ravioli with Tomato Sauce 4oz - Seasoned California Blend Vegetables 4oz - Pudding Parfait 4oz - Beverage Of Choice 4oz - Milk (4)

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Week 3

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Day: 15	Day: 16	Day: 17	Day: 18	Day: 19	Day: 20	Day: 21
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
6oz - Juice Of Choice 4oz - Hot Cereal (4) 2@ - Blueberry Pancakes 1-Each - Syrup & Margarine 2-sl - Bacon Strips 8oz - Coffee or Hot Tea	6oz - Juice Of Choice 4oz - Hot Cereal (4) 2oz - Scrambled Eggs 2@ - Breakfast Sausage 1sl - Toast 1@ - Jelly & Margarine 1petite - Banana 8oz - Coffee or Hot Tea	6oz - Juice Of Choice 4oz - Hot Cereal (4) 4oz - Sausage Gravy 1@ - Biscuits 8oz - Coffee or Hot Tea	6oz - Juice Of Choice 4oz - Hot Cereal (4) 2sl - French Toast 1-Each - Syrup & Margarine 2@ - Breakfast Sausage Links 8oz - Coffee or Hot Tea	4oz - Hot Cereal (4) 6oz - Juice Of Choice 2oz - Scrambled Eggs 2-sl - Bacon Strips 1sl - Toast 1@ - Jelly & Margarine 8oz - Coffee or Hot Tea	4oz - Hot Cereal (4) 6oz - Juice Of Choice - Breakfast Sandwich 2 1/2oz - Hash Brown Patty 8oz - Coffee or Hot Tea	6oz - Juice Of Choice 4oz - Hot Cereal (4) 3oz - Western Omelet 2-sl - Bacon Strips 1sl - Toast 1@ - Jelly & Margarine 8oz - Coffee or Hot Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
3oz w/1oz - Roast Beef Au Jus 1oz - Beef Gravy 6oz - Baked Potato 4oz - Capri Vegetables 1-2x2 - Cake w/ Icing 4oz - Milk (4) 4oz - Beverage Of Choice	6oz - Chicken Mushroom Marsala 4oz - Parslied Noodles 4oz - Roasted Garlic Zucchini and Tomatoes 4oz - Chilled Pears 4oz - Milk (4) 4oz - Beverage Of Choice	8oz - Bow Tie Pasta w/ Meat Sauce 4oz - Broccoli 1sl - Garlic Bread 1sl - Brownies 4oz - Milk (4) 4oz - Beverage Of Choice	5oz - Baked Chicken Leg 4oz - Scalloped Potatoes 4oz - Seasoned Green Peas 2@ - Oatmeal Cookies 4oz - Milk (4) 4oz - Beverage Of Choice	4oz - Baked Fish 3oz - Oven Roasted Parmesan Potatoes 4oz - Creamed Spinach 4oz - Fruit Cocktail 4oz - Milk (4) 4oz - Beverage Of Choice	8oz - Oriental Pork Stir Fry 1/2C - Oriental Vegetables 4oz - Basmati Rice 2x2 - Yellow Cake w/ PB icing 4oz - Milk (4) 4oz - Beverage Of Choice 4oz - Beverage Of Choice	8oz - Spaghetti & Meat Sauce 4oz - Diced Carrots 1sl - Garlic Bread 1-10 sl - Apple Pie 4oz - Milk (4) 4oz - Beverage Of Choice
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
1@ - Tuna Salad Sandwich 4oz - Coleslaw - Chilled Peaches 4oz - Milk (4) 4oz - Beverage Of Choice	1-6ct - Ham & Cheese Quiche 4oz - Baby Carrots w/Parsley 4oz - Vanilla Pudding 4oz - Milk (4) 4oz - Beverage Of Choice	4oz - Baked Fish on Bun 4oz - French Fries, Wedge Cut 4oz - Beets 1-10 ct - Pumpkin Pie 4oz - Milk (4) 4oz - Beverage Of Choice	8oz - Macaroni & Cheese w/Ham 4oz - Stewed Tomatoes 1@ - Dinner Roll w/ Margarine 4oz - Apple Crisp 4oz - Milk (4) 4oz - Beverage Of Choice	14oz w/2sl - Sliced Roast Beef Sandwich 4oz - Three Bean Salad 1-2oz /2oz - Pound Cake w/ Strawberries 4oz - Milk (4) 4oz - Beverage Of Choice	1@ - Grilled Tuna Melt 4oz - Cheesy Potatoes 4oz - Broccoli 4oz - Chilled Pears 4oz - Milk (4) 4oz - Beverage Of Choice	1@ - Egg Salad on White 4oz - Homestyle Potato Salad 4oz - Marinated Tomato Salad 1/2C - Tapioca Pudding w/Topping 4oz - Milk (4) 4oz - Beverage Of Choice

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Week 4

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1) Approved by

Day: 22	Day: 23	Day: 24	Day: 25	Day: 26	Day: 27	Day: 28
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
4oz - Hot Cereal (4) 6oz - Juice Of Choice 2sl - French Toast Casserole w/ Strawberries 1-Each - Syrup & Margarine 2-sl - Bacon Strips 8oz - Coffee or Hot Tea	4oz - Hot Cereal (4) 6oz - Juice Of Choice 1EA - Egg & Ham on Bun 2 1/2oz - Hash Brown Patty 8oz - Coffee or Hot Tea	6oz - Juice Of Choice 4oz - Hot Cereal (4) 2oz - Scrambled Eggs 2-sl - Bacon Strips 1sl - Toast 1@ - Jelly & Margarine 8oz - Coffee or Hot Tea	6oz - Juice Of Choice 4oz - Hot Cereal (4) 1@ - Breakfast Biscuit Sandwich 2 1/2oz - Hash Brown Patty 8oz - Coffee or Hot Tea	6oz - Juice Of Choice 4oz - Hot Cereal (4) 4oz - Sausage Gravy 1@ - Biscuits 2oz - Scrambled Eggs 8oz - Coffee or Hot Tea	6oz - Juice Of Choice 4oz - Hot Cereal (4) 2oz - Scrambled Eggs 2-sl - Bacon Strips 1sl - Toast 1@ - Jelly & Margarine 8oz - Coffee or Hot Tea	4oz - Hot Cereal (4) 6oz - Juice Of Choice 2-3' - Buttermilk Pancakes 1-Each - Syrup & Margarine 2@ - Breakfast Sausage 8oz - Coffee or Hot Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
3oz - Oven Fried Chicken 4oz - Mashed Potatoes 4oz - Normandy Blend Vegetables 1sl-10 ct - Peach Pie 4oz - Milk (4) 4oz - Beverage Of Choice	3oz - Herb Roast Pork 8oz - Pasta Alfredo 4oz - Seasoned Sauteed Zucchini 4oz - Tropical Fruit 4oz - Milk (4) 4oz - Beverage Of Choice	3oz - Turkey Cutlet 4oz - Red Potatoes 4oz - Cut Green Beans 4oz - Cherry Cobbler 4oz - Milk (4) 4oz - Beverage Of Choice	6oz - Beef Stew Homestyle 1-2x2 - Cornbread 1cup - Garden Salad w/Dressing 4oz - Fruit Fluff w/Topping 4oz - Beverage Of Choice 4oz - Milk (4)	1-5oz w/2oz - Stuffed Peppers w/ Sauce 4oz - Italian Blend Vegetables 1@ - Dinner Roll w/ Margarine 1sl - Chocolate Brownie 4oz - Beverage Of Choice 4oz - Milk (4)	4oz - Balsamic Roasted Pork Loin 2oz - Pork Gravy 4oz - Oven Roasted Potatoes 4oz - Peas, Corn Red Peppers 4oz w/1oz - Rice Pudding w/ Topping 4oz - Beverage Of Choice 4oz - Milk (4)	6oz - Chicken Ala King 4oz - Garden Rice 4oz - Succotash 1/2C - Sliced Pears 4oz - Beverage Of Choice 4oz - Milk (4)
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
1@ - Chicken Salad Sandwich 4oz - Tomato & Cucumber Salad 4oz - Butterscotch Pudding w/ Topping 4oz - Beverage Of Choice 4oz - Milk (4)	1@ - Hot Italian Meatball Sandwich 4oz - Carrots 4oz - French Fries 1-2x2 - Chocolate Cake w/Icing 4oz - Milk (4) 4oz - Beverage Of Choice	6oz - Garden Vegetable Soup 1@ - BBQ Ribbette on a Bun 4oz - Curly Fries 4oz - Broccoli 1#8 scoop - Egg Custard 4oz - Milk (4) 4oz - Beverage Of Choice	5oz - Sweet and Sour Meatballs 4oz - Confetti Rice 4oz - Oriental Style Zucchini 11 w/2oz - Pound Cake w/Peach Topping 4oz - Milk (4) 4oz - Beverage of Choice	3oz/1bn - Chicken Patty on Bun 3oz - Cinnamon Spiced Sweet Potato Fries 4oz - Peas & Carrots 4oz - Mandarin Oranges 4oz - Milk (4) 4oz - Beverage Of Choice	1@ - Cornflake Crusted Fish Fillet 3oz - Candied Sweet Potatoes 4oz - California Blend Vegetables 4oz - Fruit Cup 4oz - Milk (4) 4oz - Beverage Of Choice	1on 1 roll - Beef Hot Dog On A Bun 4oz - Baked Beans 4oz - Seasoned Sauerkraut 2@ - Chocolate Chip Cookies 4oz - Milk (4) 4oz - Beverage Of Choice

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